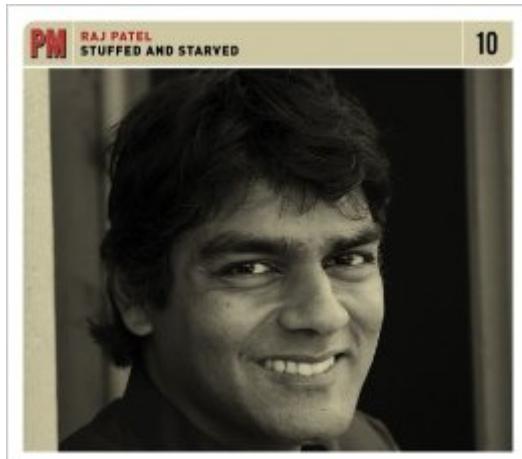


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# Stuffed And Starved (PM Audio)



## Synopsis

Ranging from colossal Californian supermarkets to wrecked Indian paddy fields and bankrupt African coffee farms, this audio edition of the bestselling book scrutinizes the global food network. With a combination of hard-hitting investigative journalism and personable storytelling, several questions are explored, such as How can starving people also be obese? Why does everything have soy in it? and How do petrochemicals and biofuels control the price of food? Shocking evidence points to an epidemic of farmer suicides in famine-stricken Asia and Africa, yet there is great cause for hope as international resistance movements work to create a more democratic, sustainable, and joyful food system. Going beyond ethical consumerism, the study explains the steps, from seed to store to plate, to regain control of the global food economy, stop the exploitation of both farmers and consumers, and rebalance global sustenance.

## Book Information

Series: PM Audio (Book 10)

Audio CD

Publisher: PM Press; abridged edition edition (April 1, 2010)

Language: English

ISBN-10: 1604861037

ISBN-13: 978-1604861037

Product Dimensions: 5.5 x 0.2 x 5 inches

Shipping Weight: 2.4 ounces

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Best Sellers Rank: #2,522,851 in Books (See Top 100 in Books) #124 in Books > Books on CD > Cooking, Food & Wine #1034 in Books > Business & Money > Industries > Agriculture #1779 in Books > Books on CD > Business > General

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